

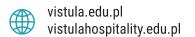


# ERASMUS+ FACTSHEET ACADEMIC YEAR 2024/2025









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**DIETETICS** 

### VISTULA GROUP OF UNIVERSITIES

#### **VISTULA GROUP OF UNIVERSITIES CONSISTS OF:**



Vistula University



Vistula School of Hospitality

#### **GENERAL INFORMATION ABOUT VISTULA GROUP OF UNIVERSITIES**

UNIVERSITY	VISTULA UNIVERSITY	VISTULA SCHOOL OF HOSPITALITY
ERASMUS CODE	PL WARSZAW78	PL WARSZAW79
OFFICE FOR INTERNATIONAL COOPERATION	Centralized Office for International Cooperation in charge for mobility activities of all degree programmes at Vistula Group of Universities	
MAILING ADDRESS	3 Stoklosy St., 02-787 Warsaw, Poland	
ERASMUS+ COORDINATORS CONTACT DETAILS	Jasurbek Babaev - Incoming students tel. (0048) 22 45 72 368, j.babaev@vistula.edu.pl	
WEBSITE	https://www.vistula.edu.pl/en	https://www.vistulahospitality.edu.pl/en

### **INFORMATION** FOR ORGANIZING STUDENT MOBILITY



https://www.vistula.edu.pl/en/students/erasmus/incomingstudents

#### **APPLICATION**



Please be advised that first you must be nominated by your home university by email to erasmus@vistula.edu.pl



Fall Semester: May 31 **Spring Semester: October 30** 

Please send the following information by email:

**NOMINATION DEADLINE** 

- · Name and e-mail address of the student.
- · Field of study at the home institution.
- · Field of study at Vistula University or Vistula School of Hospitality

Once you receive a confirmation of your nomination, you can apply. An explanation regarding the online application will be emailed to you.



To apply, please use our online application system:

https://apply.vistula.edu.pl/en\_PL/



**ADDITIONAL** 

**APPLICATION DOCUMENTS** 

· A recent photo (35×45 mm);

system:

- · ID card (for the EU citizens) and passport for non-EU citizens;
- · Learning Agreement signed by the student and the Academic Coordinator of the Home University:

As a student, you are required to upload the following documents into the online

- Proof of language proficiency (English or Polish). The level of language should be in line with the general requirements stipulated by the Erasmus+ bilateral agreement.
- · Health insurance proof.



**DEADLINE FOR APPLICATION** 

Fall Semester: June 30

**Spring Semester: November 30** 

# LIVING AND STUDYING IN WARSAW

ACCOMODATION FOR EXCHANGE STUDENTS	Please note that Vistula Group of Universities does not offer campus lodgings, but our International Office will assist all international and exchange students in finding proper accommodation. The cost of accommodation for one person ranges from 150 to 500 Euro per month (depending on the quantity of places in the room/apartment). Please, contact the Erasmus+ Coordinators for detailed information regarding accommodation.
INSURANCE	Please note that there is no insurance offered by Vistula Group of Universities. All students have to organize full health insurance and accident insurance covering their entire stay in Poland.
visa	EU citizens No visa required.  Non EU citizens Citizens of non EU-Countries need to contact the nearest Polish embassy or consulate in their country of residence to determine visa and residency permit requirements on an individual basis. This should be done well in advance of the planned date of entry into Poland as processing time can take up to two to three months and needs to be done prior to departure to Poland.
STUDENT CARD	Student card will be delivered after arrival. Offers 50% discount on public transport and other discounts in museums and other facilities.
GRADING SYSTEM	<ul> <li>Local Grade ECTS Grade Explanation:</li> <li>5 A EXCELLENT – outstanding performance with only minor errors.</li> <li>4+ B VERY GOOD – above the average standard but with some errors.</li> <li>4 C GOOD – generally sound work with a number of notable errors.</li> <li>3+ D SATISFACTORY – fair but with significant shortcomings.</li> <li>3 E SUFFICIENT – performance meets the minimum criteria.</li> <li>2 FX/F FAIL – some more work required before the credit can be awarded.</li> </ul>



MANAGEMENT IN FACULTY OF BUSINESS AND INTERNATIONAL RE	LATIONS	
COURSES	ECTS	
BACHELOR'S DEGREE		
Introduction to economics	8	
Introduction to management	10	
Corporate Finance and Accounting	5	
Management Methods and Techniques	10	
Marketing	6	
Human Resources Management	6	
Skills for Business: Communication	4	
Skills for Business: Teamworking	2	
Skills for Business: Life Long Learning	2	
Entrepreneurship	3	
Supply Chains Management	5	
MASTER'S DEGREE		
International Economic Law	6	
Managerial Economics	4	
Finacial Market - Intermediate Level	7	
Ethics in Management	7	
Managing Organisational Crisis	5	
Human Capital Management	5	



## **SPRING SEMESTER 2024/2025**

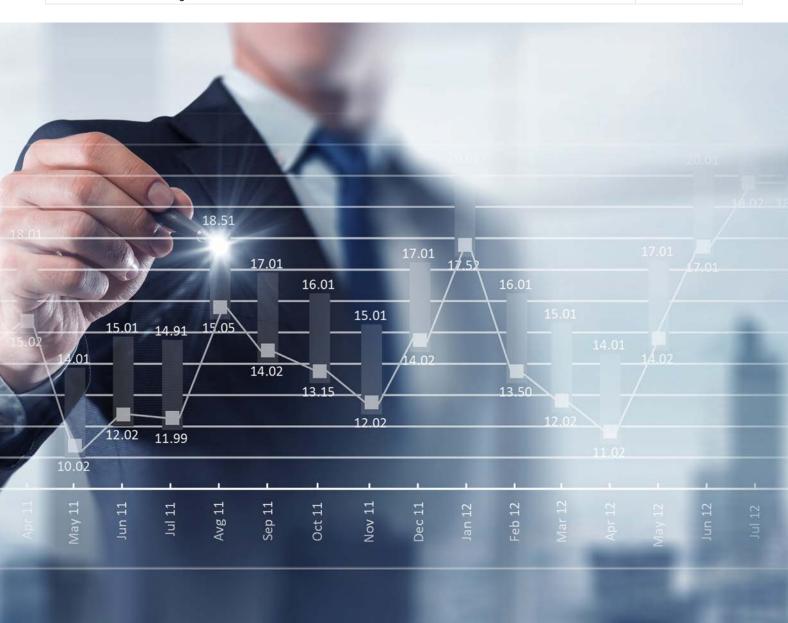


MANAGEMENT IN FACULTY OF BUSINESS AND INTERNATIONAL REL	ATIONS
COURSES	ECTS
BACHELOR'S DEGREE	
Quantitative Methods in Business	10
Introduction to Finance and Accounting	10
People and Organisation	4
Skills for Business: Communication	2
Economic Environment in Business	5
Business Law	5
Skills for Business: Teamworking	2
Research Methods	4
Foreign languages (Polish, English, German, Spanish)	4
Ethical and Sustainable Business	6
Business Policy and Strategy	6
MASTER'S DEGREE	
Innovations and Entrepreneurship in Business	3
Statistical Inference	6
Contemporary Management Concepts	6
Methodology of writing the MA thesis	4
Marketing Management	6
Managerial Accounting	6
Research Seminar	4





ECONOMICS IN FACULTY OF BUSINESS AND INTERNATIONAL RELATION	N.C.
COURSES COURSES	ECTS
BACHELOR'S DEGREE	
Macroeconomics I	4
Microeconomics II	3
Entrepreneurship	5
Mathematical statistics	4
Econometrics	3
Corporate finance	5
World Economy II	4
Human Resources Management	3



# ENGLISH COURSE OFFER SPRING SEMESTER 2024/2025



ECONOMICS  IN FACULTY OF PURINESS AND INTERNATIONAL BELATIONS	
IN FACULTY OF BUSINESS AND INTERNATIONAL RELATIONS COURSES	ECTS
BACHELOR'S DEGREE	LUIS
	_
Business Law	5
Microeconomics I	4
Descriptive Statistics	4
Introduction to Accounting - Accounting in business	5
Macroeconomics II	4
Introduction to Econometrics	4
Intercultural Communication	3
World Economy I	3
Foreign languages (Polish, English, German, Spanish)	4
Research methodology	4
Innovation and international technology transfer	3





FINANCE AND ACCOUNTING IN FACULTY OF BUSINESS AND INTERNATION	
COURSES	ECTS
BACHELOR'S DEGREE	
Macroeconomics I	4
Introduction to Finance	5
Introduction to Management	4
Financial Mathematics	2
Corporate Finance	5
Entrepreneurship	4
Accounting I: financial accounting	3
International accounting Standards	5
MSP Accounting	2
Management Accounting	4
Foreign languages (Polish, English, German, Spanish)	4
MASTER'S DEGREE	
Compendium of knowledge of economic science	3
Financial Law	4
Financial reporting standards	5
Managerial Accounting II	4
Performance Management II	5
Foreign languages (Polich English Corman Spanish)	5

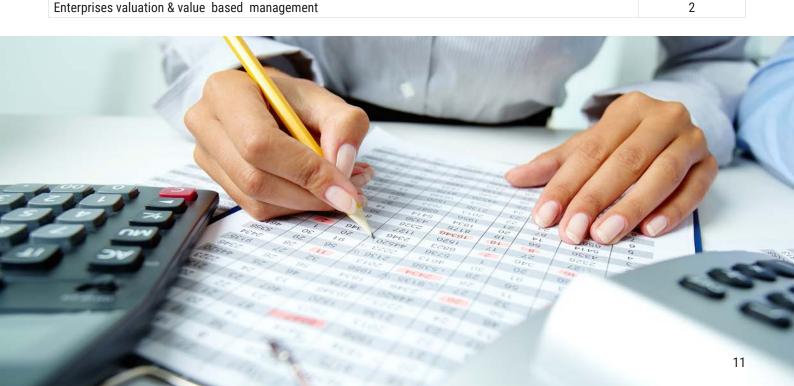


# ENGLISH COURSE OFFER SPRING SEMESTER 2024/2025





FINANCE AND ACCOUNTING IN FACULTY OF BUSINESS AND INTERNATIONA	L RELATIONS
COURSES	ECTS
BACHELOR'S DEGREE	
Microeconomics I	5
Introduction to Accounting: Accountant in Business	5
Business Law	5
Descriptive Statistics	5
Finance I - Public Finance	4
Banking	4
Quantitative methods in business	6
Finance II: International Finance	2
Finance II: EU Finance	2
Accounting I: Bank Accounting , Insurance Accounting	3
Intercultural Communication	4
Financial Reporting:	5
Analysis of Financial Reports	5
Management Accounting	5
Foreign languages (Polish, English, German, Spanish)	4
MASTER'S DEGREE	
Investment Portfolio	5
Methodology of writing the MA thesis	4
Credit Institutions Management	4
Performance Management II	4
Foreign languages (Polish, English, German, Spanish)	5
Corporate finance II	5
Enterprises valuation & value, based, management	2





INTERNATIONAL RELATIONS IN FACULTY OF BUSINESS AND INTERNATIONAL RELATIONS		
COURSES	ECTS	
BACHELOR'S DEGREE		
History of International Relations	4	
The State and Political Science	5	
Introduction to Economics	8	
Philosophy and Ethics	3	
Fake news and post-truth	2	
Introduction to the European Union	3	
Introduction to Management	4	
Contemporary Political Systems	3	
Comtemporary political doctrines	4	
International Organizations	3	
Specialty subject I: Varietes of Capitalism	5	
Specialty subject I: Strategic studies	5	
Social Psychology	3	
Disinformation	2	
The EU as a global actor	4	
State's Foreign Policy	5	
Diplomatic protocol	3	
Public Relations and political marketing	3	
Specialty subject III: Contemporary International Business	5	
Specialty subject III: Issues in Contemporary Security	5	
Foreign Language: Professional I	2	
Foreign Language: English I	4	
Foreign Language: Elective I	2	
Foreign Language: English III	2	
Foreign Language: Elective III	2	
Foreign Language: English V	2	



INTERNATIONAL RELATIONS IN FACULTY OF BUSINESS AND INTERNATIONAL RELATIONS	
MASTER'S DEGREE	
Democracy and International Relations	4
Compendium of knowledge of economic sciences	5
Introduction to Public Policy	4
International Law: advanced course	4
Theory and methods of International Relations	4
Climate change in international politics	4
Ethics and Human Rights in International Relations 3 ECTS	3
Globalization and Regionalization	3
Specialization Seminar 1: Traditions of Transatlantic Relations	5
Specialization Seminar 1: International Aliances	5
Specialization Seminar 2: Contemporary issues of USA, Canada and UE in Transatlantic Area	5
Specialization Seminar 2: Migrations in International Relations	5
Foreign Language 1	3
Foreign Language 3	3



## **SPRING SEMESTER 2024/2025**



INTERNATIONAL RELA IN FACULTY OF BUSINESS AND INTER	
COURSES	ECTS
BACHELOR'S DEGI	REE
Introduction to Law	3
Theory of International Relations	4
Sociology	3
International Political Relations	4
International Economic Relations	4
Contemporary World History	4
Intercultural Communication	4
International Public Law	4
Negotiations	3
National and International Security	5
International Cultural Relations	2
Foreign Language Professional	2
Foreign Language: English	4 ECTS
	(II semester),
	2 ECTS
	(IV & VI semester)
MASTER'S DEGRI	ΞΕ
International Economics	3
History of economics	3
Actors in International Political Relations	4
History of Diplomacy	4
Methodology of writing the MA thesis	4
International Forecasts and Simulations	3
Foreign Languages 3 ECTS	5





JOURNALISM AND SOCIAL COMMUNICATION IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
BACHELOR'S DEGREE	
Media systems and markets	4
Journalism Workshop - research	5
Workshop Journalism - form and genre	5
Media managment	4
Workshop Journalism - TV	5
Elective Courses: Disinformation	5
Workshop - Introduction to Image and Sound Processing	5



### **SPRING SEMESTER 2024/2025**



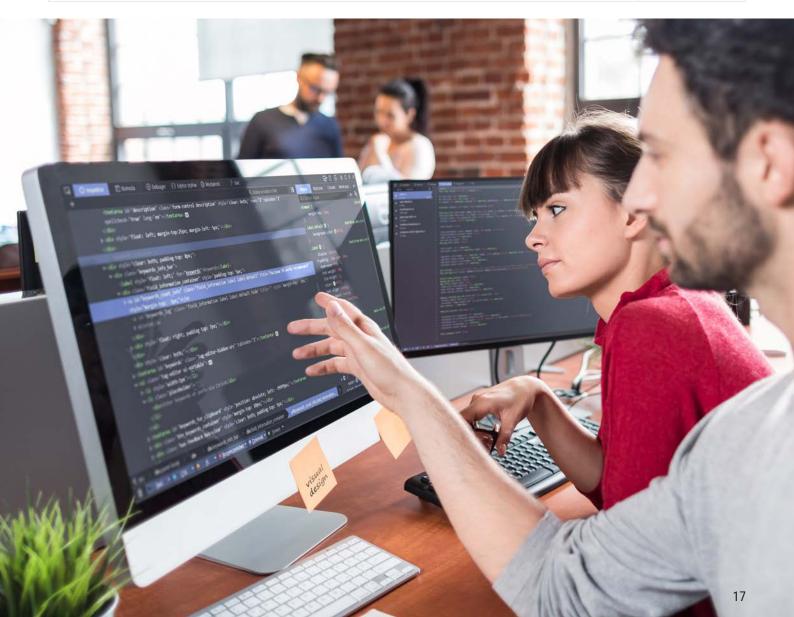
JOURNALISM AND SOCIAL COMMUNICATION IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
BACHELOR'S DEGREE	
Media Managment	5
Foreign language II	4
Press and Copyright Law	5
Journalism Workshop - Radio	5
Journalism Workshop - Social Media	4
Public Speaking	4
History of Media	7





#### **VISTULA UNIVERSITY PROGRAMMES**

GRAPHICS IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
BACHELOR'S DEGREE	
Basic of animation	3
Drawing	3
Basic of digital image edition	3
Basic of digital vector graphics	3
Graphic Design 2	3
Lettering and Typography 2	2
Video creation 2	2
Flat print – litography	3
Animation -1	3
Brand creation	2
Basic of sculpture	3

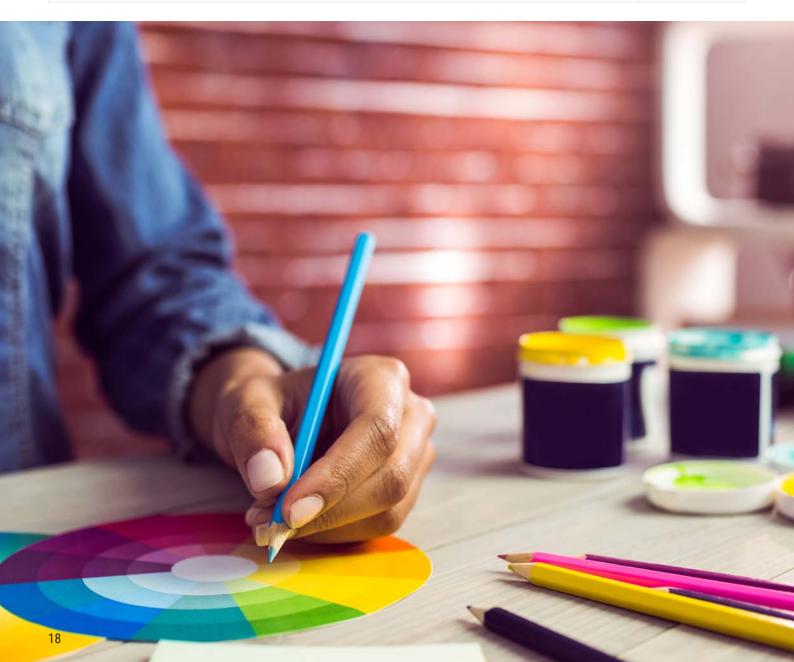


## **SPRING SEMESTER 2024/2025**



#### **VISTULA UNIVERSITY PROGRAMMES**

GRAPHICS IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
BACHELOR'S DEGREE	
Serigraphy	3
Editing and processing of digital image	2
Video creation 1	2
Animation - 2	2
Creative design in graphics and photography – professional project	1
Project of artistic book	3
Algraphy	3
Artistic poster, Occasional poster	3
Typography - 1	2





#### **VISTULA UNIVERSITY PROGRAMMES**

ARCHITECTURE IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
BACHELOR'S DEGREE	
History of Architecture (1)	3
Freehand Drawing and Drafting	2
Architectonic Design (1) - single family house	7
Freehand Drawing and Artistic Techniques (2)	3
CAD - Architectural Visualisation (2)	3
Landscape Architecture Design	2
History of Polish Architecture (1)	3
Building Technologies (2)	3
Structural Design (1)	4
Architecture Design(3) - residential building	7
Structural Design (3)	4
BuildingTechnologies (4)	5
Physics of Building Engineering	4
Contemporary architecture	4
Architectonic Design (spec-2)	7
Urban Design (spec-2)	7
Interior Design and Arrangements (spec-1)	5
Preservation Design and Modernization (spec-1)	4



### **SPRING SEMESTER 2024/2025**



#### **VISTULA UNIVERSITY PROGRAMMES**

ARCHITECTURE IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION		
COURSES	ECTS	
BACHELOR'S DEGREE		
CAD - Architectural Visualisation 1	2	
Architectural Mock-up Workshops 1	1	
History of Architecture 2	3	
Digital Illustration 1	2	
Building Technologies 1	3	
Architecture Design 2 - public use	7	
Freehand Drawing and Artistic Techniques 3	2	
Basics of Urban Composition	3	
BIM Design	3	
History of Art and Civilization	3	
Building Technologies 3	3	
Structural Design 2	4	
Architecture Design 4 spec office building	7	
Urban Planning 1 spec.	7	
Contemporary Architecture 2	4	





#### **VISTULA UNIVERSITY PROGRAMMES**

COMPUTER ENGINEERING IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
ENGINEERING	
Electronics for IT	6
Introduction to Database	6
Introduction to Programming	6
Mathematic Analysis	6
Algebra	6
Network Techonologies	6
Object Oriented Programming	6
Operating Systems	6
Discrete Mathematics	3
Introduction to computer Games	6
Mobile Technologies	6
Multimedia Technologies	6
Introduction to Internet Techniques	3
Artificial Intelligence	6
Mathematical Logic	6
Algorithm and Complexity	6
Embedded Systems	6
Advanced Internet Technologies: SPEC.Web technologies engineering	6
Multi-tier web applications designing: SPEC.Web technologies engineering	6
Designing computer games:SPEC.Computer games engineering	6
Methodology for the design of computer games: SPEC.Computer games engineering	6
Administering of network operating systems: SPEC.IT security engineering	6
Protocols and network of security equipment: SPEC.IT security engineering	6
Basic techniques and tools for software testing: SPEC.Development engineering and software maintenance	6
Design and development (maintaining) of application software:SPEC.Development engineering and software maintenance	6
Distributed computer systems	4
IT Project Management	2
Software designing of mobile devices	4
Architectural design patterns in software engineering: SPEC.Software development	5
Methods for assessing the effectiveness of investments information: SPEC.Software development	5
Design and implementation of a secure mobile software: SPEC. IT security	5
Information security management according to ISO / IEC: SPEC. IT Security	5
Techniques and Tools for testing web applications and mobile applications: SPEC.Web technologies	5
Websites for mobile devices designing: SPEC.Web technologies	5
Team Project	2

### **SPRING SEMESTER 2024/2025**



#### **VISTULA UNIVERSITY PROGRAMMES**

COMPUTER ENGINEERING IN FACULTY OF ART, TECHNOLOGY AND COMMUNICATION	
COURSES	ECTS
ENGINEERING	
Cryptology	5
Object -oriented programming	6
Network technologies	6
Algebra	6
Probabilistic methods and statistics	6
Operating systems	6
Introduction to software engineering	6
Security of computer systems	5
Foreign languages	4





ENGLISH STUDIES IN FACULTY OF MODERN LANGUAGES	
COURSES	ECTS
BACHELOR'S DEGREE	
Reading and Discussion 1: Intensive Reading (PE)	3
Reading and Discussion 2: Extensive Reading (PE)	3
Oral Communication 1: Speaking Skills (PE)	3
Oral Communication 2: Listening Skills (PE)	3
English Grammar and Style 1 (PE)	3
Effective Written Communication (PE)	4
Accents in English (PE)	3
Language in Intercultural Communication	4
Academic Skills and Intellectual Property	1
The Study of Language	3
Discursive Techniques in Speech and Writing (PE)	4
Critical Thinking Seminar (PE)	3
English Grammar & Style 3 (PE)	3
English in Corporate Culture (PE)	3
Readings in British Literature 1	4
Second Foreign Language 2 (Polish/German/Spanish/Chinese)	3
History and Culture of the Second Language Area (Polish/German/Spanish/Chinese)	3
Debate and Persuasion Skills (PE)	2
Business vocabulary and use 2 (PE)	2
Professional Editing Skills (PE)	3
Contemporary Literature of the Anglosphere	4
Second Foreign Language in Literature, Film and the Arts (Polish/German/Spanish/Chinese)	3
Second Foreign Language 4 (Polish/German/Spanish/Chinese)	4



### **SPRING SEMESTER 2024/2025**



ENGLISH STUDIES IN FACULTY OF MODERN LANGUAGES	
COURSES	ECTS
BACHELOR'S DEGREE	
English in Literature, Film and the Arts (PE)	3
English for Writers (PE)	4
English Grammar and Style 2 (PE)	3
Accent Training	3
Textual Analysis (PE)	3
Public Speaking and Presentations (PE)	3
History of the Anglosphere	4
Business Vocabulary and Use 1 (PE)	2
English Grammar and Style 4 (PE)	3
Readings in American Literature 1	4
Second Foreign Language 3 (Polish/German/Spanish/Chinese)	4
Second Foreign Language (Polish/German/Spanish/Chinese) in Corporate Culture	3
Introduction to Research Methods in Humanities (PE)	3
Advanced Textual Analysis Seminar (PE)	3
Language of Business Negotiations (PE)	2
Literature of the Second Language Area (Polish/German/Spanish/Chinese)	3
Second Foreign Language 5 (Polish/German/Spanish/Chinese)	4





## VISTULA SCHOOL OF HOSPITALITY PROGRAMMES TOURISM AND RECREATION

COURSES	ECTS
BACHELOR'S DEGREE	
Ecology and Environment	3
Introduction to Tourism	3
Introduction to Hospitality Industry	4
Introduction to Sociology	2
Introduction to Recreation	2
Tourism Geography	5
Law in Tourism and Recreation	3
ICT in Buissnes	2
English I	4
Economics of Tourism	2
English III	2
Information Technologies in Hospitality Business	3
Hotel, Food and Beverages and Recreation Services	2
Economics of Hotel and Catering Establishments	3
Reception and Reservation Departments Operations	2
Economics of Tourism Enterprises	3
Transport in Tourism	2
Creating tourist offers	3
Information and Reservation Systems in Tourism	2
Economics of Tourism Enterprises	3
Transport in Tourism	2
Meetings Industry	3
New technology in Meetings Industry	2
Physical recreation and Sport in the Life of Modern Man	3
Economics of Recreation and Sport Activities	2
Volunteering in Recreation and Sport	3
Organization of Recreation and Sport for Different Social Groups	2
Tourist and hospitality enterprises Finance	3
English V	2
Tourism and World Religions	3
Tourist Attractions Development	3
Hotel and Gastronomy Properties management	3
Safety and Security in Hotels	3
Corporate Events	3
Media in Meetings Industry	3



# VISTULA SCHOOL OF HOSPITALITY PROGRAMMES TOURISM AND RECREATION

COURSES	ECTS
MASTER'S DEGREE	
Sociology of Leisure	3
Sustainable Tourism Development	3
Leisure Time Consumption	3
Corporate Social Responsibility (CSR) in Tourism & Hospitality	3
Compendium of Tourism Basics	3
Management of Individual Potential II	2
Intercultural Communication	3
Standards of Customer Relationship Management	2
Business Negotiations	2
Interpersonal Communication/ Teambuilding	3
Foreign Language English 1	3
Tourism Information Technologies	2
Business Analytics in Tourism and Hospitality	2
Foreign Language English 3	3
Management Support Systems for Tourism Business	2
Travel Agency Customer Relationship Management	2
Socio-economical Environment of Tourism Enterprises	2
Management Support Systems for Hospitality	2
Hospitality Customer Relationship Management	2
Advanced Hotel Revenue Management	2







#### **VISTULA SCHOOL OF HOSPITALITY PROGRAMMES TOURISM AND RECREATION**

COURSES	ECTS
BACHELOR'S DEGREE	
Management of Individual Potential I	3
Land Planning and Development of Tourism and Recreation	3
Quality in Tourism and Hospitality	2
Tourism in Practice	2
English II	4
Profesional language II	2
Insurance in Tourism and Hospitality	2
Marketing in tourism and hospitality	4
Disabled customers' service in tourism and hospitality	3
E-tourism Industry	3
Recreation in Tourism and Hospitality	3
English IV	2
Hotels and Gastronomy technical equipment and technologies	3
Housekeeping Department Operations	2
Hotel and Gastronomy Revenue Management	3
Domestic and International Hotel Systems	3
Leisure Tourism Market Segmentation	3
Children and Youth Tourism and Recreation' Operations	2
Medical Tourism, Spa and Wellness Operations	3
Activity Tourism Operations	3
International Organization in Meetings Industry	3
Event Venues	2
Sports events and team-building	3
Event Scenography and Direction	3
Pedagogy of Outdoor Recreation	3
Animation of Leisure Time in Recreation	2
Methodology and safety of conducting recreation activities	3
Planning and Organization of Recreation Events	3
Intercultural Communication	3
Consumer Behaviour in the Tourism Market	3
Regional Cuisines	3
Tourism in the European Union	3
Savoir Vivre in Hospitality	4
Trends in Hotel and Gastronomy Industry	4
Incentive Travel	4
Trends in Meetings Industry	4





#### **VISTULA SCHOOL OF HOSPITALITY PROGRAMMES TOURISM AND RECREATION**

Tourism Destination Management Law in Tourism and Hospitality Finances&Managerial Accounting in Tourism and Hospitality	2 2 2 2 3
Law in Tourism and Hospitality Finances&Managerial Accounting in Tourism and Hospitality	2 2
Finances&Managerial Accounting in Tourism and Hospitality	2
	3
Enterpreneurship	· ·
Theory of Management	2
Marketing Management in Tourism and Hospitality	3
Managerial Skills	2
Crisis Management in Tourism and Hospitality	2
Foreign Language English 2	3
Tourism Management	
Hospitality and Gastronomy Management	
Event Management	
Innovations in Tourism Enterprises	3
Tourism Enterprises Operations Management	3
E-marketing in Tourism	3
Hospitality Service Quality Management	3
Hotel Operations Management	3
Regional Cuisines in Hotel Gastronomy	3
Hotel spa and wellness services	3
Innovation in Meetings Industry	3
Online Events Management	3
Sustainable Events and Meetings Planning	3
Cooperation with Suppliers in Meetings Industry	3
Project Management	4
Foreign Language English 4	5
Tourism Enterprise Management - Business Project	6
Selected Forms of Tourism	3
Leisure time animation forms	3
Hospitality Management - Business Project	6
Marketing Strategies in Gastronomy	3
Safety Procedures in F&B	3



# VISTULA SCHOOL OF HOSPITALITY PROGRAMMES DIETETICS

COURSES	ECTS
BACHELOR'S DEGREE	
Nutrition education and health promotion	2
Hygiene and safety in food production	2
Communication with the patient (including argumentation techniques)	1
Nutrition plans	2
Protection of intellectual property	1
Statistics in dietetics	2
Individual potential management	2
Clinical nutrition	2
Basics of dietotherapy	3
Elements of work with the patient	3
Nutrition counselling - case study 1	3
Dietary management in metabolic diseases	2
Calorie-reduced food	2
Modern food processing technologies and novel food	2
Intestinal microbiota	2
Sports nutrition	2
Dietary management in autoimmune diseases	2







# VISTULA SCHOOL OF HOSPITALITY PROGRAMMES DIETETICS

COURSES	ECTS
BACHELOR'S DEGREE	
Reducing diets	1
Food additives	2
Basics of phytotherapy	2
Nutrition Counselling	2
Psychodietetics	1
Functional food	1
Designing pro-health dishes	3
Nutrition counselling - case study 2	4
Fundamentals of laboratory diagnostics	2
Current problems in dietetics	2
The rules of catering	2
Basics of nutrigenetics and nutrigenomics	2
Vegetarianism and veganism	2
Evaluation of alternative diets	2
Elimination diets	2











#### **VISTULA GROUP OF UNIVERSITIES**

- Vistula University
- Vistula School of Hospitality

3 Stoklosy St., 02-787 Warsaw Poland

Jasurbek Babaev
- Incoming students
tel. (0048) 22 45 72 368
j.babaev@vistula.edu.pl

vistula.edu.pl/en vistulahospitality.edu.pl/en