

## **The Challenges of Adjustment in a Federal State – German Länder and European Integration**

### **Abstract:**

The main goal of this article is to analyse German Länder in the process of European integration in terms of the position and adjustment of federal sub-units in the institutional context and multi-layer dimension of the European Union system. The Europeanisation of German Länder requires an approach beyond regionalism and federal structures. Lobbying, horizontal and vertical cooperation should also be included in the analysis. The article concludes that European integration contributes to the mobilisation and enhanced competitiveness of German Länder among other European regions.

**Keywords:** federal state, European Union, German Länder, European integration, sub-units, cooperative federalism.